Thank You for Being Part of the GRIEF RADIO Journey!

Since **GRIEF RADIO - A Podcast About Grief** launched in December 2025 – and even before - your support has helped us develop something we believe is deeply needed: a place where grief can be spoken about openly, honestly, and without judgment.

Because the truth is, **grief comes in many forms.** It can follow the death of someone we love. It can come from the end of a relationship, the loss of a job, a change in health, the loss of a dream, or any of the countless losses that can change our lives.

And sometimes, when we're grieving, we simply need to hear someone say: **"You are not alone."**

That is what GRIEF RADIO is about.

Through conversations, stories, and shared experiences, we hope to reach people wherever they may be on their journey through grief — and let them know that their feelings matter, their stories matter, and they don't have to walk through grief alone.

Your Support Makes GRIEF RADIO Possible

Producing a podcast takes more than recording a conversation. There are ongoing costs that allow us to keep GRIEF RADIO operating, professional, and available to the people who need it.
Our current projected budget is:

PROJECTED EXPENSES	AMOUNT
Liability Insurance	$ 700
Zoom Workplace Annual Subscription x 2 (Ian & Vivianne @ $280 each)	$ 560
Website Maintenance & Related Costs	$ 400
Marketing & Promotion	$ 1,000
Podcast Editing	$ 1,000
ADEC (Ian's Membership: Association For Death Education and Counseling)	$ 100
CASC (Vivianne's Membership: Canadian Association for Spiritual Care)	$ 350
Unforeseen Expenses (Equipment Maintenance, etc.)	$ 520
TOTAL FUNDRAISING GOAL	**$ 4,630**

Every donation helps us cover these essential costs and, importantly, helps us **continue reaching people who are experiencing grief.**

Will You Help Us Keep Going?

If GRIEF RADIO has meant something to you, **please consider making a donation today.** And, because we know times are tough in the current economy, if you're not able to donate, there is another incredibly valuable way you can help:

Please share this fundraiser …

Share it with a friend.

Share it with someone who has experienced a loss.

Share it on social media.

Share it with someone who might benefit from hearing
the conversations on GRIEF RADIO.

One share could put GRIEF RADIO in front of someone who desperately needs to know they aren't alone.

We are incredibly grateful to everyone who has supported GRIEF RADIO since its inception. Your encouragement, generosity, listening, and willingness to share this work have helped bring these important conversations to life.

We believe there is still so much more to say. With your help, we can keep the microphones on, keep the conversations going, and continue creating a positive impact for people experiencing all kinds of grief.

Thank you for believing in the importance of this work.

Thank you for listening! Thank you for sharing!
And thank you for helping us keep the conversation going!

With heartfelt gratitude,

GRIEF RADIO-— A Podcast About Grief
Because no one should have to grieve alone.

Dr. Vivianne LaRiviere viv@griefradio.ca
Founder, Co-Administrator, Co-Host
viv@griefradio.ca

Ian Smith ian@griefradio.ca
Co-Administrator, Co-Host
ian@griefradio.ca